



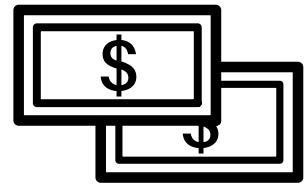
Home Health & Home Care

You may use just one or both of these services at the same time. Here is some information to help understand the differences and identify what is right for you.

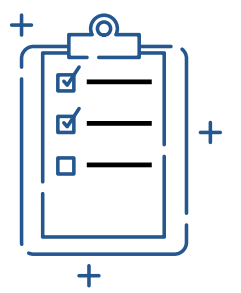
Home Health



GOAL: To help the client regain strength and independence through home support of medically necessary treatments and therapies.



COST: Paid for by Medicare, Medicaid and most private insurance plans.



Requires a Doctor's order to start and continue treatments and therapies .



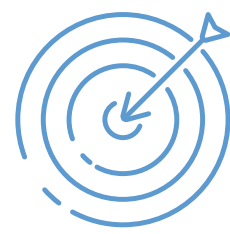
Frequency of home visits are based on medical need. Each visit is usually 30 minutes - 1 hour.



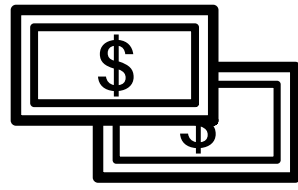
CARE AVAILABLE (as necessary):
Licensed practitioners

- Nursing Care- Pain management, wound care, medication support.
- Physical Therapy- to support mobility.
- Occupational Therapy- To support independence in care and mobility.
- Speech Therapy- to support communication and eating/swallowing needs.

Home Care



GOAL: To assist and empower the client with the needs they identify.



COST: Paid by the client or family. May be covered by long term care insurance, VA benefits, or Medicaid.



No medical orders needed. You can call and start service at any time.



TIME: Visits usually range from 2- 24 hours based on client or family needs.



CARE AVAILABLE: Non-licensed Caregivers

- Support daily care needs- bathing, dressing, toileting, medication reminders.
- Support household needs- meal preparation, light housekeeping, transportation assistance for errands or appointments.
- Provide companionship.

Additional Home Support:

- Your community may have additional resources or services available visit www.dshs.wa.gov
- Other home-based healthcare that may be available in your area: Palliative or Hospice care.